



**SoFresh**  
chef-crafted bowls | wraps | salads  
**catering**





# Lettuce cater to you.

We'll take it there when you can't make it here.

Say goodbye to back-to-back meetings on an empty stomach and adios to long lines during the lunch rush. Your employees don't have to choose convenience over quality anymore because we cater an effortless experience by delivering fresh, cooked-to-order meals straight to your employees in the office. It's as easy as it is delicious.

All catering orders include cutlery, napkins, and plates unless otherwise specified. Plus, placing your order is simple.



Contact your local SoFresh location by phone or visit  
**[sofresh.com/catering](https://sofresh.com/catering)**

Order through our website or app for an automatic **15% OFF**

Many of our products contain, or may contain traces of nuts, dairy, gluten, wheat etc. Please let us know if you have any dietary restrictions when you place your order.

<b>V</b> Vegan	<b>DF</b> Dairy Free
<b>Vg</b> Vegetarian	<b>S</b> Spicy
<b>GF</b> Gluten Free	

## warm bowls

serves 5

protein not included



### superfood bowl V GF 57.39

red quinoa w/ lemon, brown rice w/ parsley, broccoli, tomatoes, walnuts, avocado, balsamic vinaigrette

Tree Nuts

### power bowl Vg GF 62.39

red quinoa w/ lemon, brown rice w/ parsley, carrots, shredded kale, almonds, raisins, goat cheese, kale-basil pesto

Dairy Tree Nuts

### comfort bowl Vg GF 68.69

red quinoa w/ lemon, brown rice w/ parsley, sweet potatoes, cauliflower chop, broccoli, goat cheese, kale-basil pesto

Dairy Tree Nuts

### poké bowl V 60.59

brown rice w/ parsley, wakame salad, edamame, carrots, cucumbers, avocado, teriyaki sauce

Gluten Soy Sesame

### greek bowl Vg GF 56.19

brown rice w/ parsley, baby spinach, onions, tomatoes, chickpeas, cucumbers, feta, tzatziki

Dairy Coconut



### teriyaki bowl V 50.59

brown rice w/ parsley, broccoli, carrots, onions, green peppers, teriyaki sauce

Gluten Soy Sesame

### bangkok bowl V 54.99

asian garlic noodles, shredded kale, mushrooms, onions, almonds, teriyaki

Gluten Soy Tree Nuts Sesame

### bbq bowl Vg GF 50.59

brown rice w/ parsley, onions, corn, black beans, mozzarella, bbq

Dairy

### harvest bowl Vg GF 53.69

brown rice w/ parsley, sweet potatoes, green beans, kale-basil pesto, lemon wedge

Dairy Tree Nuts

### skinny bowl Vg GF 62.39

zucchini noodles, broccoli, tomatoes, mushrooms, parmesan, kale-basil pesto

Dairy Tree Nuts

### cali bowl GF DF 62.39

red quinoa w/ lemon, extra crisp romaine, black beans, tomatoes, bacon, avocado, sweet citrus mustard

## add protein

serves 5

Gluten Free unless noted



### chicken breast +24.99

grilled, blackened or buffalo



### citrus chicken thigh +24.99

citrus, market herbs, agave



### organic tofu V +24.99

seared w/ house seasoning mix

Soy



### peeled shrimp +27.99

lightly seasoned & grilled



### sirloin steak +33.69

USDA choice, grass fed, market herbs, garlic, red pepper



### blackened salmon S +39.99

responsibly ocean raised w/ blackening seasoning



### wild caught ahi\* +31.19

poké style w/ sesame & soy glaze

Gluten Soy Sesame

\*CONSUMER ADVISORY: Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs, may increase your risk of foodborne illness, especially if you have certain medical conditions. We are not a gluten-free kitchen. Cross-contamination may exist.



# salads

serves 5



**signature salad** Vg GF 67.39

baby spinach, extra crisp romaine, onions, cucumbers, tomatoes, sunflower seeds, raisins, avocado, goat cheese, balsamic vinaigrette

Dairy

**strawberry Fuji salad** Vg GF 66.19

baby spinach, strawberries, Fuji apple, almonds, feta, sweet citrus mustard

Dairy Tree Nuts

**mediterranean salad** Vg GF 60.59

baby spinach, extra crisp romaine, green peppers, tomatoes, chickpeas, onions, cucumbers, feta cheese, balsamic vinaigrette

Dairy

**kale caesar salad** 56.19

extra crisp romaine, shredded kale, hardboiled egg, croutons, lemon wedge, parmesan, caesar

Gluten Dairy Egg Soy

# quesadillas

serves 5



**tulum quesadilla** Vg 56.79

mozzarella, brown rice w/ parsley, black beans, corn, green peppers, tomatoes, creamy ranch, multi-grain tortilla

Gluten Dairy Egg

**cheesy quesadilla** 46.19

mozzarella, multi-grain tortilla

Gluten Dairy

**hummus veggie quesadilla** Vg 53.69

black beans, onions, green peppers, feta cheese, tomatoes, hummus

Gluten Dairy Coconut Sesame

**buffalo quesadilla** Vg 51.19

mozzarella, onions, buffalo sauce, ranch

Gluten Dairy Egg

# wraps

serves 5



**pesto club wrap** 54.29

extra crisp romaine, tomatoes, mozzarella, bacon, kale-basil pesto, multi-grain tortilla

Gluten Dairy Tree Nuts

**classic wrap** V 50.59

extra crisp romaine, tomatoes, avocado, sweet citrus mustard

Gluten

**boca fiesta wrap** Vg 56.79

brown rice w/ parsley, baby spinach, onions, corn, tomatoes, jalapeños, mushrooms, goat cheese, sweet chili sauce

Gluten Dairy

**asian fusion wrap** V 50.59

extra crisp romaine, carrots, onions, green peppers, broccoli, teriyaki

Gluten Soy Sesame

**super green caesar wrap** 54.99

extra crisp romaine, shredded kale, croutons, parmesan, egg, lemon squeeze, caesar

Gluten Dairy Egg Soy Anchovy

don't forget protein

# sides

serves 5

**chips** Vg GF 12.39

**roasted broccoli** V GF 19.99

**roasted sweet potatoes** V GF 19.99

**fruit cup** V GF 27.99

# sweets

serves 5

**chocolate chip cookie** 18.69

Vg GF DF Egg Soy

**chocolate chip brownie** 18.69

Vg GF DF Egg Soy

# design your own bowl

Gluten Free unless noted

2 bases • 3 mix-ins • 1 sauce ————— serves 5 starting at **53.69**

## 1 CHOOSE YOUR BASES

extra for \$6.29

brown rice w/ parsley  
red quinoa w/ lemon  
asian garlic noodles Soy Gluten  
extra crisp romaine  
baby spinach  
shredded kale  
cauliflower chop **+75**  
zucchini noodles

## 3 CHOOSE YOUR PREMIUM MIX-INS

avocado **+12.49**  
bacon **+12.49**  
hard boiled egg **+9.29**  
hummus Sesame **+9.29**  
mozzarella **+6.19**  
parmesan **+6.19**  
feta **+6.19**  
goat cheese **+12.49**  
wakame salad **+11.79**  
strawberries **+6.79**  
cauliflower chop **+6.79**

## 5 CHOOSE YOUR PROTEIN serves 5



**chicken breast** **+24.99**  
grilled, blackened  
or buffalo



**citrus chicken thigh** **+24.99**  
citrus, market herbs,  
agave



**organic tofu** v **+24.99**  
seared w/ house  
seasoning mix  
Soy



**peeled shrimp** **+27.49**  
lightly seasoned  
& grilled

## 2 CHOOSE YOUR MIX-INS

extra for \$4.99

almonds  
Fuji apple S jalapeños  
black beans  
broccoli  
carrots  
chickpeas  
corn  
croutons Gluten  
cucumbers  
edamame  
green peppers  
shredded kale  
mushrooms  
onions  
raisins  
sweet potatoes  
sunflower seeds  
tomatoes  
walnuts

## 4 CHOOSE YOUR SAUCE

extra for \$4.99

S spicy mayo Vg Egg  
kale-basil pesto Vg Dairy Tree Nuts  
teriyaki V Gluten Soy Sesame  
tzatziki Vg Dairy Coconut  
sweet chili v  
bbq sauce v  
veggie broth v  
avocado creme v  
balsamic vinaigrette v  
sweet citrus mustard v  
caesar Dairy Egg Anchovy Soy  
creamy ranch Vg Dairy Egg  
lemon wedge v



**sirloin steak** **+33.69**  
USDA choice, grass fed,  
market herbs, garlic,  
red pepper



**blackened salmon** S **+39.99**  
responsibly ocean raised  
w/ blackening seasoning



**wild caught ahi\*** **+31.19**  
poké style w/  
sesame & soy glaze  
Gluten Soy Sesame

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## smoothies

serves 1

*add raw vegan plant based protein (10g)  
for additional cost*

### strawberry & banana V GF 8.00

strawberry, banana, agave, almond milk

Tree Nuts

### banana & date V GF 8.00

banana, date, almond milk, peanut butter

Nuts Tree Nuts

### kale & apple V GF 8.00

kale, spinach, Fuji apple, banana, lemon

### avo coconut V GF 8.00

avocado, pineapple, spinach, coconut water, agave

Coconut

### sunrise V GF 8.00

strawberry, pineapple, mango, orange juice, agave

### blueberry delight V GF 8.00

blueberry, strawberry, banana, orange juice, agave

### tropicolada V GF 8.00

mango, pineapple, coconut water, agave

Coconut

## beverages

serves 5

infused water gallon

lemon berry fresca gallon

house lemonade gallon

crimson berry tea gallon

assorted bottled beverages



## now Franchising

### contact us

[franchising@sofresh.com](mailto:franchising@sofresh.com)

### learn more

[sofresh.com/franchise](https://sofresh.com/franchise)



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