



SoFresh
chef-crafted bowls | wraps | salads
catering





Lettuce cater to you.

We'll take it there when you can't make it here.

Say goodbye to back-to-back meetings on an empty stomach and adios to long lines during the lunch rush. Your employees don't have to choose convenience over quality anymore because we cater an effortless experience by delivering fresh, cooked-to-order meals straight to your employees in the office. It's as easy as it is delicious.

All catering orders include cutlery, napkins, and plates unless otherwise specified. Plus, placing your order is simple.

 Contact your local SoFresh location by phone or visit
sofresh.com/catering

Order through our website or app for an automatic **15% OFF**

Many of our products contain, or may contain traces of nuts, dairy, gluten, wheat etc. Please let us know if you have any dietary restrictions when you place your order.

 Vegan

 Dairy Free

 Vegetarian

 Spicy

 Gluten Free

warm bowls

serves 5



superfood bowl v GF

red quinoa w/ lemon, brown rice w/ parsley, broccoli, tomatoes, walnuts, avocado, balsamic vinaigrette

Tree Nuts

power bowl vg GF

red quinoa w/ lemon, brown rice w/ parsley, carrots, shredded kale, almonds, raisins, goat cheese, kale-basil pesto

Dairy Tree Nuts

comfort bowl vg GF

red quinoa w/ lemon, brown rice w/ parsley, sweet potatoes, cauliflower chop, broccoli, goat cheese, kale-basil pesto

Dairy Tree Nuts

poké bowl v

brown rice w/ parsley, wakame salad, edamame, carrots, cucumbers, avocado, teriyaki sauce

Gluten Soy Sesame

greek bowl vg GF

brown rice w/ parsley, baby spinach, onions, tomatoes, chickpeas, cucumbers, feta, tzatziki

Dairy Coconut

57.39

62.39

68.69

56.19

serves 5



teriyaki bowl v

brown rice w/ parsley, broccoli, carrots, onions, green peppers, teriyaki sauce

Gluten Soy Sesame

bangkok bowl v

asian garlic noodles, shredded kale, mushrooms, onions, almonds, teriyaki

Gluten Soy Tree Nuts Sesame

bbq bowl vg GF

brown rice w/ parsley, onions, corn, black beans, mozzarella, bbq

Dairy

harvest bowl vg GF

brown rice w/ parsley, sweet potatoes, green beans, kale-basil pesto, lemon wedge

Dairy Tree Nuts

skinny bowl vg GF

zucchini noodles, broccoli, tomatoes, mushrooms, parmesan, kale-basil pesto

Dairy Tree Nuts

cali bowl GF DF

red quinoa w/ lemon, extra crisp romaine, black beans, tomatoes, bacon, avocado, sweet citrus mustard

50.59

54.99

50.59

53.69

62.39

62.39

add protein

serves 5



chicken breast +24.99

grilled, blackened or buffalo



citrus chicken thigh +24.99

citrus, market herbs, agave



organic tofu v +24.99

seared w/ house seasoning mix
Soy



peeled shrimp +27.99

lightly seasoned & grilled

Gluten Free unless noted



sirloin steak +33.69

USDA choice, grass fed, market herbs, garlic, red pepper



blackened salmon s +39.99

responsibly ocean raised w/ blackening seasoning



wild caught ahi* +31.19

poké style w/ sesame & soy glaze

Gluten Soy Sesame

*CONSUMER ADVISORY: Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs, may increase your risk of foodborne illness, especially if you have certain medical conditions. We are not a gluten-free kitchen. Cross-contamination may exist.

salads

serves 5



signature salad Vg GF

67.39

baby spinach, extra crisp romaine, onions, cucumbers, tomatoes, sunflower seeds, raisins, avocado, goat cheese, balsamic vinaigrette

Dairy

strawberry Fuji salad Vg GF

66.19

baby spinach, strawberries, Fuji apple, almonds, feta, sweet citrus mustard

Dairy Tree Nuts

mediterranean salad Vg GF

60.59

baby spinach, extra crisp romaine, green peppers, tomatoes, chickpeas, onions, cucumbers, feta cheese, balsamic vinaigrette

Dairy

kale caesar salad

56.19

extra crisp romaine, shredded kale, hardboiled egg, croutons, lemon wedge, parmesan, caesar

Gluten Dairy Egg Soy

quesadillas

serves 5



tulum quesadilla Vg

56.79

mozzarella, brown rice w/ parsley, black beans, corn, green peppers, tomatoes, creamy ranch, multi-grain tortilla

Gluten Dairy Egg

cheesy quesadilla

46.19

mozzarella, multi-grain tortilla

Gluten Dairy

hummus veggie quesadilla Vg

53.69

black beans, onions, green peppers, feta cheese, tomatoes, hummus

Gluten Dairy Coconut Sesame

buffalo quesadilla Vg

51.19

mozzarella, onions, buffalo sauce, ranch

Gluten Dairy Egg

wraps

serves 5



pesto club wrap

54.29

extra crisp romaine, tomatoes, mozzarella, bacon, kale-basil pesto, multi-grain tortilla

Gluten Dairy Tree Nuts

classic wrap V

50.59

extra crisp romaine, tomatoes, avocado, sweet citrus mustard

Gluten

S boca fiesta wrap Vg

56.79

brown rice w/ parsley, baby spinach, onions, corn, tomatoes, jalapeños, mushrooms, goat cheese, sweet chili sauce

Gluten Dairy

asian fusion wrap V

50.59

extra crisp romaine, carrots, onions, green peppers, broccoli, teriyaki

Gluten Soy Sesame

super green caesar wrap

54.99

extra crisp romaine, shredded kale, croutons, parmesan, egg, lemon squeeze, caesar

Gluten Dairy Egg Soy Anchovy

don't forget protein

sides

serves 5

chips Vg GF

12.39

roasted broccoli V GF

19.99

roasted sweet potatoes V GF

19.99

fruit cup V GF

27.99

sweets

serves 5

chocolate chip cookie

18.69

Vg GF DF Egg Soy

chocolate chip brownie

18.69

Vg GF DF Egg Soy

design your own bowl

Gluten Free unless noted

2 bases • 3 mix-ins • 1 sauce

serves 5 starting at **53.69**

① CHOOSE YOUR BASES

extra for \$6.29

- brown rice w/ parsley
- red quinoa w/ lemon
- asian garlic noodles Soy Gluten
- extra crisp romaine
- baby spinach
- shredded kale
- cauliflower chop **+.75**
- zucchini noodles

② CHOOSE YOUR MIX-INS

extra for \$4.99

- almonds
- green peppers
- Fuji apple **s**
- jalapeños
- black beans
- shredded kale
- broccoli
- mushrooms
- carrots
- onions
- chickpeas
- raisins
- corn
- sweet potatoes
- croutons Gluten
- sunflower seeds
- cucumbers
- tomatoes
- edamame
- walnuts

③ CHOOSE YOUR PREMIUM MIX-INS

avocado	+12.49
bacon	+12.49
hard boiled egg	+9.29
hummus <small>Sesame</small>	+9.29
mozzarella	+6.19
parmesan	+6.19
feta	+6.19
goat cheese	+12.49
wakame salad	+11.79
strawberries	+6.79
cauliflower chop	+6.79

④ CHOOSE YOUR SAUCE

extra for \$4.99

- s** spicy mayo Vg Egg
- kale-basil pesto Vg Dairy Tree Nuts
- teriyaki V Gluten Soy Sesame
- tzatziki Vg Dairy Coconut
- sweet chili V
- bbq sauce V
- veggie broth V
- avocado creme V
- balsamic vinaigrette V
- sweet citrus mustard V
- caesar Dairy Egg Anchovy Soy
- creamy ranch Vg Dairy Egg
- lemon wedge V

⑤ CHOOSE YOUR PROTEIN

serves 5



chicken breast **+24.99**

grilled, blackened or buffalo



citrus chicken thigh **+24.99**

citrus, market herbs, agave



organic tofu V **+24.99**

seared w/ house seasoning mix
Soy



peeled shrimp **+27.49**

lightly seasoned & grilled



sirloin steak **+33.69**

USDA choice, grass fed, market herbs, garlic, red pepper



blackened salmon **s +39.99**

responsibly ocean raised w/ blackening seasoning



wild caught ahi* **+31.19**

poké style w/ sesame & soy glaze

Gluten Soy Sesame

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smoothies

serves 1

add raw vegan plant based protein (10g)
for additional cost

strawberry & banana V GF 8.00

strawberry, banana, agave, almond milk
Tree Nuts

banana & date V GF 8.00

banana, date, almond milk, peanut butter
Nuts Tree Nuts

kale & apple V GF 8.00

kale, spinach, Fuji apple, banana, lemon

avo coconut V GF 8.00

avocado, pineapple, spinach, coconut
water, agave
Coconut

sunrise V GF 8.00

strawberry, pineapple, mango, orange
juice, agave

blueberry delight V GF 8.00

blueberry, strawberry, banana, orange
juice, agave

tropicolada V GF 8.00

mango, pineapple, coconut water, agave
Coconut

beverages

serves 5

infused water gallon

lemon berry fresca gallon

house lemonade gallon

crimson berry tea gallon

assorted bottled beverages

ADD A SMOOTHIE TO ANY CATERING FOR ONLY
\$8



now
Franchising

contact us

franchising@sofresh.com

learn more

sofresh.com/franchise



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